Do you care for a family member with a learning disability?

Do you have lots of questions?

What is this thing called **PERSONALISATION** and what does it mean for our family? . . . .How can I make sure my son/daughter has a good life? . . . .What is available now college is finished? . . . How can we make good plans for the future? . . . What are the housing options available? . . .Is a job really an option? . . . . How can I make sure my son/daughter is safe? . . . Who can I talk to?

This event could help to answer some of your questions

make it personal make it real!

Monday 15th October 2012

Doors open at 9am

(for coffee and time to look at information stalls)

9.45am —3.30pm

At

Salvation Army Citadel Chelmsford

70 Baddow Road, Chelmsford, Essex. CM2 0DL

What Makes a good plan?

Keeping safe

Support towards employment

Daytime opportunities

Families share their stories

A good place to live

information stalls

And lots more!

This event is **FREE** for family carers who care for a family member with a learning disability. To book your place please **telephone: 07906 143571** or **email: ecn.sara@gmail.com**.

Places are limited

Please note - this may be subject to change

Agenda

9am — 9.45am
Registration and coffee, time to view information stands

9.45am	**Welcome and setting the scene** Liz Chidgey - Executive Director Adult Social Care, Essex County Council
10am	**making it personal making it real** Cally Ward - Associate for the National Development Team for Inclusion
10.30am	**Making it real** - a family from Essex share their story
10.50am	**Refreshment break and time to view information stands**
11.15am	**Workshop 1**
12.30pm	**Lunch and time to view information stands** Please note information stands will be closing following lunch
1.15pm	Workshop 2
2.30pm	**Making it real** - a family from Essex share their story
2.50pm	**Commissioners Panel** - an opportunity for commissioners to respond to issues raised by families during the day
3.20pm	**Closing Remarks**

You will have the opportunity to select 2 out of the following workshops:

1—**Making a good plan**— this workshop will explore ways of planning and support to plan and how this can inform a good support plan.

2— **A good place to live**—this workshop will explore the various housing options available in Essex, what support is available to help make it happen.

3—**Keeping Safe**— this workshop will talk about ways to keep safe and look at materials produced for people with learning disabilities and look at technology options which can help people feel safe.

4—**Daytime opportunities**—this workshop will be split into 2 one will look at work related training opportunities looking towards employment options, the other will look at activity based daytime opportunities and what day services are available.

FUTURE EVENTS: we are planning events for families on the following: knowing your rights and banishing the myths—the mental capacity act a family resource—housing options including residential care, supported living and independent living. If you are interested in attending any of these please let us know.

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