



Winter Appeal 2018

This year we have seen a significant increase in the number of single people and families who have had visit us, which is why we are asking for people to donate from our Winter Appeal List instead of suggesting specific Christmas food donations.

As fast as the donations have been coming in they are going straight out to those in need, which means we are very short on basic food items. Although Christmas food provides that extra special treat for those in crisis the food in our parcels creates a meal that can be eaten on any day, not just at Christmas.

- Fruit Juice (1lt Long life)
- Long Life Milk
- Instant Mash
- Sponge Puddings
- Tinned Tomatoes
- Tinned Rice Pudding
- Packet Soups
- Custard (that can be made with hot water)
- Pasta Sauce
- Chocolate Bars e.g. Penguins, Kit Kat etc.
- Biscuits
- Tinned fish
- Tinned Fruit
- Sugar (500g bags)
- Tinned Cold Meat
- Coffee (small jars)
- Tinned Spaghetti
- Jam
- Packet Rice (500g)

Non-food items

- Nappies (all sizes)
- Toilet Rolls
- Deodorants
- Toothpaste
- Non-bio washing powder
- Antiperspirant
- Baby Wipes
- Nappies (any size)
- Pet food

We currently have large stocks of baked beans and although these are welcome can we please ask for items from our list

T: 01376330694

E: info@braintreearea.foodbank.org.uk

W: www.braintreearea.foodbank.org.uk/give-help/donate-food

We ask for small packs as larger packs do not fit in our boxes making it difficult for our clients to carry home. Also, we are unable (for hygiene reasons) to split large size or catering packs.

We are always pleased to accept monetary donations if you prefer or Supermarket Gift Cards.

Food donations can be made via your local library in Braintree, Witham, and Halstead.

We follow the standards set by the Food Standards Agency. We can only accept donations of unopened and undamaged goods that are still well within their "use by" date (no less than six months if possible). Items which do not meet these requirements cannot be used and your donation may be wasted.

On behalf of all our visitors we thank you for your generosity.

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